

## YouGov - Mental health attitudes

Sample Size: 1703 adults in GB  
Fieldwork: 16th - 17th September 2021

	Vote in 2019 GE			EU Ref 2016		Gender		Age				Social Grade		Region					
	Total	Con	Lab	Lib Dem	Remain	Leave	Male	Female	18-24	25-49	50-64	65+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland
<b>Weighted Sample</b>	<b>1703</b>	577	422	153	632	674	828	875	186	710	410	397	971	732	204	572	370	410	146
<b>Unweighted Sample</b>	<b>1703</b>	599	416	153	705	684	776	927	108	707	411	477	998	705	159	605	372	410	157
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

### When thinking about mental health and physical health problems, do you think society should...

Consider them equally important	77	75	87	82	85	74	69	84	66	77	80	79	79	74	82	77	79	74	71
Consider mental health problems more important	5	5	4	4	3	6	6	5	8	5	5	5	4	7	3	5	5	6	5
Consider physical health problems more important	11	16	4	11	8	14	16	7	16	9	10	13	12	10	9	11	9	14	13
Don't know	7	4	5	4	4	6	9	5	10	9	5	4	6	8	6	7	7	5	12

### And in general, do you think society current considers health and physical health problems...

Equally important	15	17	11	13	13	17	15	15	7	16	13	19	12	19	12	15	12	19	14
Considers mental health problems more important	9	13	5	8	6	11	9	8	9	7	10	10	8	10	9	9	10	7	8
Considers physical health problems more important	63	58	74	73	75	57	61	64	67	64	64	57	71	51	65	61	66	61	61
Don't know	14	12	10	6	7	15	15	13	17	13	13	13	10	19	14	14	12	14	17

### Do you think the following statements about mental health issues are true or false?

People with mental health issues can choose to stop feeling the way they do if they try hard enough (i.e. snap out of it)

Definitely true	2	2	1	0	1	3	3	0	5	1	1	2	2	1	1	2	1	3	1
Probably true	8	10	3	9	4	10	11	4	6	7	7	11	7	8	10	10	5	7	5
<b>TOTAL TRUE</b>	<b>10</b>	<b>12</b>	<b>4</b>	<b>9</b>	<b>5</b>	<b>13</b>	<b>14</b>	<b>4</b>	<b>11</b>	<b>8</b>	<b>8</b>	<b>13</b>	<b>9</b>	<b>9</b>	<b>11</b>	<b>12</b>	<b>6</b>	<b>10</b>	<b>6</b>
Probably false	17	21	11	22	16	19	21	13	16	15	16	21	16	18	15	18	17	17	14
Definitely false	68	59	81	67	76	61	57	78	68	70	71	62	69	67	64	66	73	67	71
<b>TOTAL FALSE</b>	<b>85</b>	<b>80</b>	<b>92</b>	<b>89</b>	<b>92</b>	<b>80</b>	<b>78</b>	<b>91</b>	<b>84</b>	<b>85</b>	<b>87</b>	<b>83</b>	<b>85</b>	<b>85</b>	<b>79</b>	<b>84</b>	<b>90</b>	<b>84</b>	<b>85</b>
Don't know	6	7	5	1	3	7	8	4	5	7	6	4	6	6	10	4	5	6	9

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<b>Weighted Sample</b>	<b>1703</b>	<b>577</b>	<b>422</b>	<b>153</b>	<b>632</b>	<b>674</b>	<b>828</b>	<b>875</b>	<b>186</b>	<b>710</b>	<b>410</b>	<b>397</b>	<b>971</b>	<b>732</b>	<b>204</b>	<b>572</b>	<b>370</b>	<b>410</b>	<b>146</b>
<b>Unweighted Sample</b>	<b>1703</b>	<b>599</b>	<b>416</b>	<b>153</b>	<b>705</b>	<b>684</b>	<b>776</b>	<b>927</b>	<b>108</b>	<b>707</b>	<b>411</b>	<b>477</b>	<b>998</b>	<b>705</b>	<b>159</b>	<b>605</b>	<b>372</b>	<b>410</b>	<b>157</b>
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

**Mental health problems are a sign of weakness**

Definitely true	1	1	0	0	0	1	1	0	1	1	0	1	1	0	0	1	0	0	1
Probably true	6	8	3	6	4	8	10	2	8	5	4	8	5	7	10	7	4	5	3
<b>TOTAL TRUE</b>	<b>7</b>	<b>9</b>	<b>3</b>	<b>6</b>	<b>4</b>	<b>9</b>	<b>11</b>	<b>2</b>	<b>9</b>	<b>6</b>	<b>4</b>	<b>9</b>	<b>6</b>	<b>7</b>	<b>10</b>	<b>8</b>	<b>4</b>	<b>5</b>	<b>4</b>
Probably false	14	18	7	16	10	16	19	9	12	13	11	18	13	15	11	15	12	16	13
Definitely false	75	67	87	77	84	68	64	86	71	77	80	69	76	74	74	73	79	75	76
<b>TOTAL FALSE</b>	<b>89</b>	<b>85</b>	<b>94</b>	<b>93</b>	<b>94</b>	<b>84</b>	<b>83</b>	<b>95</b>	<b>83</b>	<b>90</b>	<b>91</b>	<b>87</b>	<b>89</b>	<b>89</b>	<b>85</b>	<b>88</b>	<b>91</b>	<b>91</b>	<b>89</b>
Don't know	5	7	3	1	2	7	6	3	8	5	4	4	5	5	6	4	4	5	6

**People with mental health problems cannot work or will perform worse at work**

Definitely true	4	3	3	5	3	4	4	3	5	4	3	3	3	4	2	4	3	5	3
Probably true	19	23	15	13	16	22	24	15	32	16	15	25	19	20	21	18	24	18	14
<b>TOTAL TRUE</b>	<b>23</b>	<b>26</b>	<b>18</b>	<b>18</b>	<b>19</b>	<b>26</b>	<b>28</b>	<b>18</b>	<b>37</b>	<b>20</b>	<b>18</b>	<b>28</b>	<b>22</b>	<b>24</b>	<b>23</b>	<b>22</b>	<b>27</b>	<b>23</b>	<b>17</b>
Probably false	28	31	25	42	28	29	28	28	24	26	29	31	29	27	26	32	26	26	26
Definitely false	37	33	45	35	44	33	31	43	29	41	42	30	38	37	36	37	35	39	39
<b>TOTAL FALSE</b>	<b>65</b>	<b>64</b>	<b>70</b>	<b>77</b>	<b>72</b>	<b>62</b>	<b>59</b>	<b>71</b>	<b>53</b>	<b>67</b>	<b>71</b>	<b>61</b>	<b>67</b>	<b>64</b>	<b>62</b>	<b>69</b>	<b>61</b>	<b>65</b>	<b>65</b>
Don't know	12	10	12	5	9	12	13	11	11	13	11	11	11	13	15	9	12	12	18

**Only people without friends need a therapist**

Definitely true	1	1	0	1	0	1	0	1	0	0	2	1	0	0	0	1	0	1	
Probably true	4	5	2	2	2	4	5	2	3	4	2	5	3	4	5	4	2	3	2
<b>TOTAL TRUE</b>	<b>5</b>	<b>6</b>	<b>2</b>	<b>3</b>	<b>2</b>	<b>5</b>	<b>6</b>	<b>2</b>	<b>4</b>	<b>4</b>	<b>2</b>	<b>7</b>	<b>4</b>	<b>4</b>	<b>5</b>	<b>4</b>	<b>3</b>	<b>3</b>	<b>3</b>
Probably false	13	18	8	16	9	17	18	9	12	11	13	19	12	15	11	14	11	15	15
Definitely false	76	69	86	80	84	70	67	85	78	79	80	66	78	74	76	75	79	76	75
<b>TOTAL FALSE</b>	<b>89</b>	<b>87</b>	<b>94</b>	<b>96</b>	<b>93</b>	<b>87</b>	<b>85</b>	<b>94</b>	<b>90</b>	<b>90</b>	<b>93</b>	<b>85</b>	<b>90</b>	<b>89</b>	<b>87</b>	<b>89</b>	<b>90</b>	<b>91</b>	<b>90</b>
Don't know	7	7	5	1	4	8	9	4	6	7	5	8	6	7	8	6	7	6	7

**A person with mental health issues can never fully recover**

Definitely true	3	2	2	0	2	3	3	2	7	2	3	1	2	4	0	3	3	2	2
Probably true	12	14	12	8	11	13	12	12	15	12	13	12	12	13	6	11	17	12	16
<b>TOTAL TRUE</b>	<b>15</b>	<b>16</b>	<b>14</b>	<b>8</b>	<b>13</b>	<b>16</b>	<b>15</b>	<b>14</b>	<b>22</b>	<b>14</b>	<b>16</b>	<b>13</b>	<b>14</b>	<b>17</b>	<b>6</b>	<b>14</b>	<b>20</b>	<b>14</b>	<b>18</b>
Probably false	31	33	27	38	30	34	33	30	38	29	30	34	31	31	34	33	32	29	29
Definitely false	42	39	48	51	47	38	38	45	31	43	43	42	43	39	49	41	34	45	41
<b>TOTAL FALSE</b>	<b>73</b>	<b>72</b>	<b>75</b>	<b>89</b>	<b>77</b>	<b>72</b>	<b>71</b>	<b>75</b>	<b>69</b>	<b>72</b>	<b>73</b>	<b>76</b>	<b>74</b>	<b>70</b>	<b>83</b>	<b>74</b>	<b>66</b>	<b>74</b>	<b>70</b>
Don't know	12	13	11	3	10	14	14	10	9	15	12	10	12	13	11	12	14	12	12

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

**People with a mental illness tend to be violent and unpredictable**

Definitely true	2	2	1	0	1	2	3	0	5	0	2	1	1	2	1	2	0	3	0
Probably true	7	10	4	6	4	10	9	5	9	7	5	8	5	9	5	8	8	6	5
<b>TOTAL TRUE</b>	<b>9</b>	<b>12</b>	<b>5</b>	<b>6</b>	<b>5</b>	<b>12</b>	<b>12</b>	<b>5</b>	<b>14</b>	<b>7</b>	<b>7</b>	<b>9</b>	<b>6</b>	<b>11</b>	<b>6</b>	<b>10</b>	<b>8</b>	<b>9</b>	<b>5</b>
Probably false	23	27	21	19	20	27	26	21	26	22	20	28	24	22	23	21	20	30	24
Definitely false	59	50	68	71	71	50	52	65	51	63	63	50	61	56	63	60	60	54	59
<b>TOTAL FALSE</b>	<b>82</b>	<b>77</b>	<b>89</b>	<b>90</b>	<b>91</b>	<b>77</b>	<b>78</b>	<b>86</b>	<b>77</b>	<b>85</b>	<b>83</b>	<b>78</b>	<b>85</b>	<b>78</b>	<b>86</b>	<b>81</b>	<b>80</b>	<b>84</b>	<b>83</b>
Don't know	9	11	6	4	5	11	10	8	9	7	9	12	8	11	9	9	11	8	11

**Children don't experience mental health problems**

Definitely true	1	1	1	2	0	1	1	1	1	1	0	2	1	1	1	1	1	0	0
Probably true	3	4	1	1	2	4	4	2	1	3	3	4	3	3	2	2	3	3	5
<b>TOTAL TRUE</b>	<b>4</b>	<b>5</b>	<b>2</b>	<b>3</b>	<b>2</b>	<b>5</b>	<b>5</b>	<b>3</b>	<b>2</b>	<b>4</b>	<b>3</b>	<b>6</b>	<b>4</b>	<b>4</b>	<b>3</b>	<b>3</b>	<b>4</b>	<b>3</b>	<b>5</b>
Probably false	15	23	10	11	11	20	20	10	10	10	14	26	14	16	12	16	14	14	16
Definitely false	76	66	84	83	83	67	67	84	80	79	78	64	78	72	78	74	76	76	73
<b>TOTAL FALSE</b>	<b>91</b>	<b>89</b>	<b>94</b>	<b>94</b>	<b>94</b>	<b>87</b>	<b>87</b>	<b>94</b>	<b>90</b>	<b>89</b>	<b>92</b>	<b>90</b>	<b>92</b>	<b>88</b>	<b>90</b>	<b>90</b>	<b>90</b>	<b>90</b>	<b>89</b>
Don't know	6	6	5	3	3	7	8	4	8	7	4	5	5	7	7	6	5	6	5

**It's impossible to prevent mental illnesses**

Definitely true	12	13	8	10	10	15	11	13	13	12	13	10	10	15	8	13	11	13	15
Probably true	26	28	24	30	26	28	26	26	22	24	27	30	26	26	20	28	29	24	23
<b>TOTAL TRUE</b>	<b>38</b>	<b>41</b>	<b>32</b>	<b>40</b>	<b>36</b>	<b>43</b>	<b>37</b>	<b>39</b>	<b>35</b>	<b>36</b>	<b>40</b>	<b>40</b>	<b>36</b>	<b>41</b>	<b>28</b>	<b>41</b>	<b>40</b>	<b>37</b>	<b>38</b>
Probably false	26	26	28	32	28	26	29	24	31	26	23	28	30	22	33	28	25	24	23
Definitely false	22	17	28	22	26	16	22	22	25	24	23	17	22	22	24	21	21	23	22
<b>TOTAL FALSE</b>	<b>48</b>	<b>43</b>	<b>56</b>	<b>54</b>	<b>54</b>	<b>42</b>	<b>51</b>	<b>46</b>	<b>56</b>	<b>50</b>	<b>46</b>	<b>45</b>	<b>52</b>	<b>44</b>	<b>57</b>	<b>49</b>	<b>46</b>	<b>47</b>	<b>45</b>
Don't know	13	16	12	7	10	17	13	14	8	13	14	15	12	15	15	11	13	15	17

**Rich people with mental health issues lack perspective and don't know what real problems are**

Definitely true	5	6	4	3	4	6	8	2	3	5	5	6	4	6	3	6	5	5	4
Probably true	12	15	12	11	10	14	15	10	12	12	12	15	13	12	12	14	12	14	6
<b>TOTAL TRUE</b>	<b>17</b>	<b>21</b>	<b>16</b>	<b>14</b>	<b>14</b>	<b>20</b>	<b>23</b>	<b>12</b>	<b>15</b>	<b>17</b>	<b>17</b>	<b>21</b>	<b>17</b>	<b>18</b>	<b>15</b>	<b>20</b>	<b>17</b>	<b>19</b>	<b>10</b>
Probably false	24	24	19	34	24	25	26	23	29	23	23	26	24	24	22	24	25	24	23
Definitely false	43	37	52	44	50	36	35	50	44	47	47	30	45	39	48	40	41	44	46
<b>TOTAL FALSE</b>	<b>67</b>	<b>61</b>	<b>71</b>	<b>78</b>	<b>74</b>	<b>61</b>	<b>61</b>	<b>73</b>	<b>73</b>	<b>70</b>	<b>70</b>	<b>56</b>	<b>69</b>	<b>63</b>	<b>70</b>	<b>64</b>	<b>66</b>	<b>68</b>	<b>69</b>
Don't know	16	18	13	8	11	19	17	15	12	14	14	24	14	19	16	16	17	13	21